

# Records du club au 31 mars 2019

Catégorie	H/D	Indoor/ Outdoor	Epreuve	Athlète	Performance	Lieu	Date
BEN	H	Indoor	60m	Kayembe Ilunga Isaac	9"19	Dour	13-12-14
BEN	H	Indoor	600m				
BEN	H	Indoor	1000m	D'Harveng Vincent	3'33"15	Gand	28-01-95
BEN	H	Indoor	Hauteur	Chapaux Antoine	1m12	Dour	13-03-10
BEN	H	Indoor	Longueur	Deffernez Arnaud	3m67	Dour	25-03-00
BEN	H	Indoor	Poids 1Kg	Vanderhaegen Simon	10m06	Gand	26-03-05
BEN	H	Indoor	Triathlon	Kayembe Ilunga Isaac	917 pts	Dour	21-03-15
BEN	H	Indoor	Tétrathlon	Vanderhaegen Simon	1094 pts	Dour	26-02-05
BEN	H	Indoor	4x200m		2'24"54	Gand	21-02-09
BEN	H	Outdoor	60m	Kayembe Ilunga Isaac	8"85	Obourg	25-06-15
BEN	H	Outdoor	600m	Kayembé Ilunga Isaac	1'58"06	Herve	19-09-15
BEN	H	Outdoor	1000m	Merveille Arnaud	3'21"21	Nivelles	28-08-99
BEN	H	Outdoor	Hauteur	Merveille Arnaud	1m23	Nivelles	28-08-99
BEN	H	Outdoor	Hauteur	Mazebo Simon	1m23	Le Bizet	27-09-09
BEN	H	Outdoor	Longueur	Merveille Arnaud	4m01	Charleroi	25-09-99
BEN	H	Outdoor	Poids 1Kg	Vanderhaegen Simon	12m25	Nivelles	24-09-05
BEN	H	Outdoor	Balle Hockey	Vanderhaegen Simon	37m85	Malines	20-08-05
BEN	H	Outdoor	Triathlon	Merveille Arnaud	1350 pts	St-Ghislain	22-10-99
BEN	H	Outdoor	Tétrathlon	Merveille Arnaud	1903 pts	Ninove	19-06-99
BEN	H	Outdoor	4X60m	Chapaux A/Degand T/Elias A/Mazebo S	36"61	Nivelles	26-09-09
BEN	D	Indoor	60m	Herbecq Magali	9"56	Dour	02-03-02
BEN	D	Indoor	600m				
BEN	D	Indoor	1000m	Herbecq Magali	4'04"15	Gand	23-02-02
BEN	D	Indoor	Hauteur	Sarens Yolène	0m95	Dour	04-03-00
BEN	D	Indoor	Longueur	Herbecq Magali	3m44	Gaurain	16-02-02
BEN	D	Indoor	Poids 1Kg	Guilmot Savanah	7m81	Gaurain	15-03-08
BEN	D	Indoor	Triathlon	Herbecq Magali	984 pts	Dour	02-03-02
BEN	D	Indoor	Tétrathlon	Guilmot Savanah	1095 pts	Dour	01-03-08
BEN	D	Outdoor	60m	Vandermeulen Alodie	9"32	Mouscron	29-09-12
BEN	D	Outdoor	600m	Deworme Eglantine	1'59"08	Nivelles	24-09-16
BEN	D	Outdoor	1000m	Chanoine Justine	3'38"00	Ninove	06-07-03
BEN	D	Outdoor	Hauteur	Dhont Clara	1m25	Ath	01-09-12

BEN	D	Outdoor	Longueur	Dhont Clara	3m77	Ninove	26-08-12
BEN	D	Outdoor	Poids	D'Haeyer Coline	9m69	Mouscron	20-09-14
BEN	D	Outdoor	Balle Hockey	Guilmot Savannah	31m38	Deux-Acres	13-09-08
BEN	D	Outdoor	Triathlon	De Bled Cassandra	1142 pts	Gaurain	20-06-09
BEN	D	Outdoor	Tétrathlon	Cossez Perrine	1682 pts	Verviers	10-09-11
BEN	D	Outdoor	4X60m	Vandermeulen A/Chapaux M/D'Hont C/Dassonville	38"53	Ath	01-09-12
PUP	H	Indoor	60m Haies	Mazebo Simon	11"17	Dour	05-03-11
PUP	H	Indoor	60m	Kayembe Ilunga Isaac	8"70	Dour	12-02-17
PUP	H	Indoor	1000m	Merveille Arnaud	3'18"31	Gand	04-11-00
PUP	H	Indoor	Hauteur	Mazebo Simon	1m34	Gaurain	11-03-11
PUP	H	Indoor	Longueur	Merveille Arnaud	4m10	Dour	25-03-00
PUP	H	Indoor	Poids 2Kg	Merveille Arnaud	10m93	Gand	02-12-00
PUP	H	Indoor	Triathlon	Malice Noah	1135 pts	Dour	22-03-14
PUP	H	Indoor	Tétrathlon	Degand Théo	1766 pts	Dour	19-03-11
PUP	H	Indoor	4x200m	Chapaux A/Mazebo S/Elias A/Degand T	2'13"87	Gand	16-01-11
PUP	H	Outdoor	60m Haies	Chapaux Antoine	10"81	Mouscron	29-09-12
PUP	H	Outdoor	60m	Van Damme Maxime	8"64	Nivelles	27-09-08
PUP	H	Outdoor	1000m	D'harveng Vincent	3'11"80 tm	Alost	07-06-97
PUP	H	Outdoor	Hauteur	Schomelhout Michael	1m37	La Louvière	06-06-99
PUP	H	Outdoor	Longueur	Van Damme Maxime	4m30	Gaurain	27-07-08
PUP	H	Outdoor	Longueur	Chapaux Antoine	4m30	Ath	25-09-11
PUP	H	Outdoor	Poids 2Kg	Merveille Arnaud	10m93	Ninove	28-07-01
PUP	H	Outdoor	Disque 600gr	Merveille Arnaud	27m69	Obourg	14-10-01
PUP	H	Outdoor	Balle hockey	Malice Noah	44m10	Mouscron	20-09-14
PUP	H	Outdoor	Triathlon	D'harveng Vincent	1290 pts	Anzin	05-10-96
PUP	H	Outdoor	Tétrathlon	Merveille Arnaud	2179 pts	St-Niklaas	29-07-01
PUP	H	Outdoor	4X60m	Chapaux A/Mazebo S/Elias A/Degand T	34"45	St-Ghislain	20-08-11
PUP	H	Outdoor	4X800m	Vercruysse/D'Harveng/Lemaire/Merveille	11'46"63	St-Ghislain	30-09-00
PUP	H	Outdoor	2000m marche R	Lemaire Sébastien	14"52	Sirault	01-07-01
PUP	H	Outdoor	2000m marche P	Lemaire Sébastien	15"32	Charleroi	?/?/2001
PUP	D	Indoor	60m Haies	Guilmot Savannah	11"83	Dour	13-03-10
PUP	D	Indoor	40m	Vandermeulen Alodie	6"47	Nivelles	27-02-14
PUP	D	Indoor	60m	Cardinael Florence	8"67	Dour	11-03-95
PUP	D	Indoor	1000m	Cardinael Florence	3'25"53	Gand	28-01-95
PUP	D	Indoor	Hauteur	Vandermeulen Alodie	1m36	Gaurain	08-03-14

PUP	D	Indoor	Longueur	Dhont Clara	4m13	Dour	22-03-14
PUP	D	Indoor	Poids 2Kg	Vandermeulen Alodie	9m49	Nivelles	22-02-14
PUP	D	Indoor	Triathlon	Cardinael Florence	1377 pts	Dour	11-03-95
PUP	D	Indoor	Tétrathlon	Herbecq Magali	1574 pts	Dour	28-02-04
PUP	D	Indoor	4x200m	Lopez F/Stilite J/De Bled K/Deleersnyder A	2'08"06	Gand	19-02-11
PUP	D	Outdoor	60m Haies	Cardinael Florence	11"46	Ninove	06-05-95
PUP	D	Outdoor	60m	Poot Elise	8"73	Gaurain	30-06-13
PUP	D	Outdoor	1000m	Deleersnyder Alisson	3'19"32	Nivelles	24-09-11
PUP	D	Outdoor	Hauteur	Vandermeulen Alodie	1m34	Oostende	10-05-14
PUP	D	Outdoor	Longueur	Herbecq Magali	4m40	Oordegem	03-10-04
PUP	D	Outdoor	Poids 2Kg	Vandermeulen Alodie	10m71	Mouscron	20-09-14
PUP	D	Outdoor	Disque 600gr	Herbecq Magali	27m96	Forest	17-10-04
PUP	D	Outdoor	Balle hockey	Guilmot Savannah	47m85	Le Bizet	27-09-09
PUP	D	Outdoor	Triathlon	Moreau Valentine	1044 pts	Beveren	15-08-96
PUP	D	Outdoor	Tétrathlon	Vandermeulen Alodie	2255 pts	NieuwPort	06-07-14
PUP	D	Outdoor	4X60m	Brotcorne/Stilite/De Bled K/Deleersnyder A	35"24	Chatelineau	26-06-11
Min	H	Indoor	60m Haies	Mbaya Ewombo Yann	9"97	Gand	11-03-18
Min	H	Indoor	60m	Mbaya Ewombo Yann	8"00	Dour	11-03-18
Min	H	Indoor	150m	Degand Théo	19"81	Gand	23-03-13
Min	H	Indoor	1000m	Merveille Arnaud	3'02"92	Gand	22-03-03
Min	H	Indoor	Hauteur	Deffenfe Nicolas	1m48	Dour	25-03-00
Min	H	Indoor	Perche	Merveille Arnaud	2m10	Gand	22-03-03
Min	H	Indoor	Longueur	Saint Alexandre	4m97	Dour	03-03-01
Min	H	Indoor	Poids 3Kg	Merveille Arnaud	10m42	Gand	22-03-03
Min	H	Indoor	Triathlon	Mbaya Ewombo Yann	1881 pts	Dour	24-03-18
Min	H	Indoor	Tétrathlon	Schoeps Mathieu	1989 pts	Dour	09-09-97
Min	H	Indoor	Pentathlon	Merveille Arnaud	2240 pts	Dour	02-03-02
Min	H	Outdoor	80m Haies	Deworme Achille	13"20	Nivelles	24-09-16
Min	H	Outdoor	150m Haies	Deworme Achille	21"57	Alken	22-07-16
Min	H	Outdoor	80m	Van Damme Maxime	10"15	Nivelles	25-09-10
Min	H	Outdoor	150m	Degand Théo	18"92	Gaurain	30-06-13
Min	H	Outdoor	300m	Degand Théo	39"27	Nivelles	28-09-13
Min	H	Outdoor	1000m	Merveille Arnaud	2'54"02	Oordegem	13-09-03
Min	H	Outdoor	Hauteur	Carton Delcourt Bruno	1m59	Gaurain	13-10-01
Min	H	Outdoor	Perche	Saint Alexandre	2m30	Gentbrugge	04-06-01
Min	H	Outdoor	Longueur	Van Damme Maxime	5m07	Ath	28-08-10

Min	H	Outdoor	Longueur	Carton Delcourt Bruno	5m07	Gaurain	13-10-01
Min	H	Outdoor	Poids 3Kg	Merveille Arnaud	12m33	Nivelles	04-10-03
Min	H	Outdoor	Disque 750gr	Dubois Tristan	27m37	Ath	23-08-14
Min	H	Outdoor	Disque 1Kg	Carton Delcourt Bruno	28m92	Gaurain	13-10-01
Min	H	Outdoor	Javelot 400Gr	Dubois Tristan	38m94	Nivelles	27-09-14
Min	H	Outdoor	Tétrathlon	D'Harveng Nicolas	2252 pts	La Louvière	27-09-96
Min	H	Outdoor	Pentathlon	Carton Delcourt Bruno	3570 pts	Gaurain	13-10-01
Min	H	Outdoor	4X80m	Ghislain A/Seghers G/Carton B/Saint A	43"12	Obourg	30-09-01
Min	H	Outdoor	4X800m	Ghislain A/Seghers G/Deffenfe N/Saint A	10'48"66	Obourg	30-09-01
Min	H	Outdoor	3000m marche P	Lemaire Sébastien	20'50"20	Charleroi	11-05-02
Min	D	Indoor	60m Haies	Vandermeulen Alodie	10"25	Gand	05-03-16
Min	D	Indoor	40m	Vandermeulen Alodie	6"59	Wavre	24-01-16
Min	D	Indoor	60m	Landrieu Chloé	8"66	Dour	14-01-12
Min	D	Indoor	150m	Vandermeulen Alodie	21"52	Gand	12-12-15
Min	D	Indoor	1000m	Deleersnyder Alisson	3'21"75	Gand	23-03-13
Min	D	Indoor	Hauteur	Elias Justine	1m43	Dour	05-03-11
Min	D	Indoor	Perche				
Min	D	Indoor	Longueur	Vandermeulen Alodie	4m49	Dour	19-03-16
Min	D	Indoor	Poids 2Kg	Vandermeulen Alodie	12m85	Hoboken	12-03-16
Min	D	Indoor	Triathlon	Vandermeulen Alodie	1915 pts	Dour	19-03-16
Min	D	Indoor	Tétrathlon	Koko Elvire	1788 pts	Dour	03-02-96
Min	D	Indoor	Pentathlon	Vandermeulen Alodie	2980 pts	Hoboken	14-02-16
Min	D	Indoor	4x200m	Savary F/Elias J/Altenhoven A/Delcourt M	2'04"08	Gand	16-01-11
Min	D	Outdoor	60m Haies	Landrieu Chloé	9"70	Mouscron	29-09-12
Min	D	Outdoor	150m Haies	Vandermeulen Alodie	22"91	Liège	31-07-16
Min	D	Outdoor	80m	Landrieu Chloé	10"91	Le Bizet	06-05-12
Min	D	Outdoor	150m	Deleersnyder Alisson	21"03	Gentbrugge	25-08-13
Min	D	Outdoor	300m	Deleersnyder Alisson	45"19	Le Bizet	29-09-13
Min	D	Outdoor	1000m	Lefebvre Marie-Jeanne	3'08"08	Ninove	12-09-99
Min	D	Outdoor	Hauteur	Vandermeulen Alodie	1m48	La Louvière	05-06-16
Min	D	Outdoor	Hauteur	Elias Justine	1m48	Mouscron	11-06-11
Min	D	Outdoor	Longueur	Vandermeulen Alodie	4m74	Ath	20-08-16
Min	D	Outdoor	Poids 2Kg	Vandermeulen Alodie	13m94	Schaerbeek	23-10-16
Min	D	Outdoor	Disque 600Gr	Herbecq Magali	34m44	Gentbrugge	16-05-05
Min	D	Outdoor	Disque 750Gr	Vandermeulen Alodie	31m84	Obourg	01-10-16

Min	D	Outdoor	Javelot 400Gr	Vandermeulen Alodie	29m63	Forest	28-08-16
Min	D	Outdoor	Tétrathlon	Koko Elvire	1674 pts	Oordegem	21-07-96
Min	D	Outdoor	Pentathlon	Vandermeulen Alodie	3254 pts	Oordegem	21-07-16
Min	D	Outdoor	4X80m	Stilite/De Bled K/Deleersnyder A/Landrieu C	44"17	Le Bizet	24-06-12
Min	D	Outdoor	2000m marche P	Lefebvre Marie-Jeanne	13'44"39	La Louvière	29-08-99
CAD	H	Indoor	60m Haies	Mazebo Simon	8"99	Gand	08-03-15
CAD	H	Indoor	60m	Van Damme Maxime	7"55	Gand	11-02-12
CAD	H	Indoor	200m	Degand Théo	24"16	Gand	20-12-14
CAD	H	Indoor	300m	Degand Théo	39"15	Gand	28-12-13
CAD	H	Indoor	400m	Degand Théo	51"98	Gand	17-01-15
CAD	H	Indoor	800m	Merveille Arnaud	2'07"28	Gand	06-03-05
CAD	H	Indoor	1000m	Merveille Arnaud	2'43"52	Gand	22-01-05
CAD	H	Indoor	1500m	D'Harveng Vincent	4'34"27	Gand	27-01-01
CAD	H	Indoor	Hauteur	Carton Delcourt Bruno	1m77	Gand	09-03-03
CAD	H	Indoor	Perche	Carton Delcourt Bruno	3m20	Gand	22-03-03
CAD	H	Indoor	Longueur	Carton Delcourt Bruno	5m96	Gand	23-02-03
CAD	H	Indoor	Triple saut	Carton Delcourt Bruno	11m21	Gand	18-01-03
CAD	H	Indoor	Poids 4Kg	Merveille Arnaud	14m33	Gand	15-01-05
CAD	H	Indoor	Triathlon	Malice Sacha	771 pts	Dour	09-03-13
CAD	H	Indoor	6-athlon	Carton Delcourt Bruno	3644 pts	Gand	8-9/03/2003
CAD	H	Outdoor	100m Haies(0,914m)	Chapaux Antoine	14"42	Hérentals	04-09-16
CAD	H	Outdoor	300m Haies(0,762m)	Ghislain Arnaud	39"87	Nivelles	07-09-03
CAD	H	Outdoor	1500m steeple	D'Harveng Yves	4'44"73	Gaurain	08-10-05
CAD	H	Outdoor	100m	Degand Théo	11"78	Ath	29-08-15
CAD	H	Outdoor	200m	Degand Théo	23"41	Ath	29-08-15
CAD	H	Outdoor	300m	Ghislain Arnaud	37"25	Oordegem	29-07-03
CAD	H	Outdoor	400m	Degand Théo	51"80	Verviers	23-05-15
CAD	H	Outdoor	600m	Ghislain Arnaud	1'27"40	Liège	02-09-03
CAD	H	Outdoor	800m	Merveille Arnaud	2'02"07	Nivelles	04-09-05
CAD	H	Outdoor	1000m	D'Harveng Vincent	2'44"58	Zwevegem	12-08-01
CAD	H	Outdoor	1500m	D'Harveng Vincent	4'17"10	Obourg	19-05-01
CAD	H	Outdoor	Miles	D'Harveng Vincent	4'52"51	Audenarde	26-07-05
CAD	H	Outdoor	2000m	Mustin Kevin	6'08"03	Gaurain	21-08-05
CAD	H	Outdoor	Hauteur	Carton Delcourt Bruno	1m83	Mouscron	29-08-03
CAD	H	Outdoor	Perche	Carton Delcourt Bruno	3m32	Ninove	20-08-03
CAD	H	Outdoor	Longueur	Carton Delcourt Bruno	6m13	Nivelles	07-09-03

CAD	H	Outdoor	Triple saut	Carton Delcourt Bruno	11m61	Obourg	13-10-02
CAD	H	Outdoor	Poids 4Kg	Merveille Arnaud	16m03	Obourg	09-10-05
CAD	H	Outdoor	Disque 1Kg	Carton Delcourt Bruno	47m40	Obourg	30-08-03
CAD	H	Outdoor	Javelot 600Gr	Carton Delcourt Bruno	45m35	Tielt	14-09-03
CAD	H	Outdoor	Marteau 4Kg	Carton Delcourt Bruno	30m71	Nivelles	21-06-03
CAD	H	Outdoor	Pentathlon	Carton Delcourt Bruno	2609 pts	Charleroi	21-09-02
CAD	H	Outdoor	Octathlon	Carton Delcourt Bruno	4721 pts	Izegem	12-13/07/2003
CAD	H	Outdoor	4X100m	Mazebo S/Lequeux B/Daumerie D/Degand T	46"49	Ertvelde	20-09-15
CAD	H	Outdoor	4X200m	Mazebo S/Malice S/Lampe L/Degand T	1'44"83	Liège	07-09-14
CAD	H	Outdoor	4X400m	Quesnoit/Seghers/Legrand/Widar	3'58"38	Obourg	03-09-00
CAD	H	Outdoor	4X800m	Quesnoit/D'Harveng/Legrand /Widar	9'04"10	Jambes	17-09-00
CAD	H	Outdoor	Rel olympique 800-400-200-100	Legrand/D'Harveng/Seghers/Lelubre	3'48"02	Gaurain	01-05-01
CAD	H	Outdoor	Relais suédois 400-300-200-100	Lampe/Degand T./ Mazebo S./Malice S.	2'25"80	St-Ghislain	03-05-14
CAD	H	Outdoor	3000m marche	Trigallez Tristan	23'10"83	Nivelles	26-05-18
CAD	H	Outdoor	5000m marche P	Flameng Rémy	41'29"60 tm	Gaurain	08-04-00
CAD	D	Indoor	60m Haies(0,762m)	Vandermeulen Alodie	8"99	Gand	04-03-18
CAD	D	Indoor	60m	Altimari Nicolina	8"13	Gand	19-01-08
CAD	D	Indoor	200m	Leseultre Charlotte	26"20	Gand	26-01-08
CAD	D	Indoor	300m	Vandermeulen Alodie	43"69	Gand	30-12-17
CAD	D	Indoor	400m	Leseultre Charlotte	58"01	Gand	02-03-08
CAD	D	Indoor	800m	Deleersnyder Alisson	2'22"44	Gand	17-01-15
CAD	D	Indoor	1000m	Depelchin Laura	3'16"84	Gand	29-12-01
CAD	D	Indoor	1500m	Lefebvre Marie-Jeanne	4'58"39	Gand	?/?/2001
CAD	D	Indoor	Hauteur	Vandermeulen Alodie	1m67	Dour	13-01-18
CAD	D	Indoor	Perche	Carton Delcourt Julie	2m11	Gaurain	19-03-05
CAD	D	Indoor	Longueur	Vandermeulen Alodie	5m28	Gand	30-12-17
CAD	D	Indoor	Triple saut	Deleuze Catherine	9m41	Dour	21-12-02
CAD	D	Indoor	Poids 3Kg	Vandermeulen Alodie	12m60	Gand	04-03-18
CAD	D	Indoor	Triathlon	D'Hulster Elodie	1511 pts	Gand	29-02-04
CAD	D	Indoor	Pentathlon	Vandermeulen Alodie	3697 pts	Gand	03-02-18
CAD	D	Outdoor	80m Haies(0,762m)	Vandermeulen Alodie	12"18	Schaerbeek	05-05-18
CAD	D	Outdoor	300m Haies(0,762m)	Vandermeulen Alodie	45"70	Heusden	16-09-17
CAD	D	Outdoor	1500m steeple	Lefebvre Marie-Jeanne	5'32"21	Courtrai	18-08-00

CAD	D	Outdoor	100m	Altimari Nicolina	12"78	Oordegem	25-05-08
CAD	D	Outdoor	200m	Altimari Nicolina	26"06	Oordegem	25-05-08
CAD	D	Outdoor	300m	Leseultre Charlotte	42"06	Nivelles	28-09-07
CAD	D	Outdoor	400m	Leseultre Charlotte	57"36	Naimette	01-06-08
CAD	D	Outdoor	800m	Lefebvre Marie-Jeanne	2'21"28	Oordegem	03-08-00
CAD	D	Outdoor	1000m	Lefebvre Marie-Jeanne	3'06"29	Beveren	26-07-00
CAD	D	Outdoor	1500m	Lefebvre Marie-Jeanne	4'49"58	Oordegem	09-09-00
CAD	D	Outdoor	Miles	Bossut Mathilde	5'41"04	Audenarde	31-07-11
CAD	D	Outdoor	2000m	Bossut Mathilde	7'13"73	Nivelles	06-04-11
CAD	D	Outdoor	Hauteur	Vandermeulen Alodie	1m62	Naimette	30-04-17
CAD	D	Outdoor	Perche	Carton Delcourt Julie	2m06	Oordegem	03-06-05
CAD	D	Outdoor	Longueur	Vandermeulen Alodie	5m30	Ypres	09-07-17
CAD	D	Outdoor	Triple saut	Devenijn Laurence	10m57	Woluwé	24-06-95
CAD	D	Outdoor	Poids 3Kg	Vandermeulen Alodie	12m62	Naimette	02-09-18
CAD	D	Outdoor	Disque 1Kg	Frédéric Justine	29m83	Spa	18-08-02
CAD	D	Outdoor	Javelot 500Gr	Deleersnyder Jennifer	32m49	Lokeren	18-06-05
CAD	D	Outdoor	Marteau 3Kg	Ghislain Amélie	28m89	Obourg	14-10-01
CAD	D	Outdoor	Pentathlon	Elias Justine	2319 pts	Deinze	13-04-13
CAD	D	Outdoor	Hexathlon	Vandermeulen Alodie	4060 pts	Ypres	09-07-17
CAD	D	Outdoor	4X100m		54"56	Forest	10-05-08
CAD	D	Outdoor	4X800m	Lefebvre/Biesmans/Moreau/Hageman	10'35"29	Jambes	17-09-00
CAD	D	Outdoor	Rel olympique 800-400-200-100	Depelchin/Hageman14:11Frédéric/Del euze	4'22"73	Obourg	01-05-02
CAD	D	Outdoor	Relais suédois 400-300-200-100	De Bled/Deleersnyder A/Debisschop P./ Landrieu	2'34"68	St-Ghislain	03-05-14
CAD	D	Outdoor	3000m marche P	Lefebvre Marie-Jeanne	20'27"20 tm	Gaurain	08-04-00
SCO	H	Indoor	60m Haies(0,91m)	Mazebo Simon	8"17	Gand	21-01-17
SCO	H	Indoor	60m Haies(0,91m)	Chapaux Antoine	8"17	Gand	04-03-18
SCO	H	Indoor	60m	Ghislain Arnaud	7"05	Dour	05-02-05
SCO	H	Indoor	200m	Ghislain Arnaud	22"23	Gand	20-02-05
SCO	H	Indoor	300m	Schraeder Kyle	38"85	Gand	23-01-10
SCO	H	Indoor	400m	Ghislain Arnaud	49"10	Gand	06-03-05
SCO	H	Indoor	800m	Ghislain Arnaud	1'57"40	Gand	15-01-05
SCO	H	Indoor	1000m	Carton Delcourt Bruno	2'40"16	Gand	27-02-05
SCO	H	Indoor	1500m	Flameng Laurent	4'17"84	Gand	07-01-95
SCO	H	Indoor	3000m	Flameng Laurent	9'07"92	Gand	21-01-95
SCO	H	Indoor	Hauteur	Carton Delcourt Bruno	1m90	Gand	26-03-05

SCO	H	Indoor	Perche	Carton Delcourt Bruno	3m80	Gand	15-01-05
SCO	H	Indoor	Longueur	Langhendries Christophe	6m51	Gand	17-02-96
SCO	H	Indoor	Triple saut	Boucher Jérémy	12m04	Gand	15-01-05
SCO	H	Indoor	Poids 5Kg	Clerebaut Michael	12m84	Gand	21-01-06
SCO	H	Indoor	Heptathlon	Carton Delcourt Bruno	4929 pts	Gand	27-02-05
SCO	H	Indoor	4X200m	Delacenserie M/Schraeder K/Gheux S/Seghers D	1'41"67	Gand	20-02-10
SCO	H	Outdoor	110m Haies(0,914)	Mazebo Simon	14"36	Ninove	28-06-17
SCO	H	Outdoor	300m Haies	Langhendries Christophe	40"93	Diekirch	23-06-96
SCO	H	Outdoor	400m Haies(0,840m)	Ghislain Arnaud	54"37	Obourg	23-04-05
SCO	H	Outdoor	2000m steeple	Louvrier Arnaud	6'24"48	Nivelles	05-09-09
SCO	H	Outdoor	100m	Ghislain Arnaud	11"10	Eigenbrakel	03-10-04
SCO	H	Outdoor	200m	Ghislain Arnaud	22"01	St Niklaas	05-05-05
SCO	H	Outdoor	300m	Ghislain Arnaud	33"91	Woluwé	11-06-05
SCO	H	Outdoor	400m	Ghislain Arnaud	47"71	Nivelles	04-09-05
SCO	H	Outdoor	600m	Legrand Geoffrey	1'24"03	Liège	02-09-03
SCO	H	Outdoor	800m	Ghislain Arnaud	1'53"60 tm	Oordegem	30-07-05
SCO	H	Outdoor	1000m	Pierot Joris	2'37"90 tm	Ninove	24-06-97
SCO	H	Outdoor	1500m	Greel Francois	4'10"75	Eigenbrakel	03-10-04
SCO	H	Outdoor	Mile	Hainaut Robin	5'00"03	Ath	01-09-12
SCO	H	Outdoor	2000m	Vermeersh Arnaud	5'56"31	La Louvières	30-09-18
SCO	H	Outdoor	3000m	Flameng Laurent	9'03"91	La Louvière	03-06-95
SCO	H	Outdoor	Hauteur	Carton Delcourt Bruno	1m94	St Ghislain	30-04-05
SCO	H	Outdoor	Perche	Carton Delcourt Bruno	3m77	Ninove	24-09-05
SCO	H	Outdoor	Longueur	Carton Delcourt Bruno	6m73	Marrakesh(MAR)	13-07-05
SCO	H	Outdoor	Triple saut	Boucher Jérémy	12m79	Eigenbrakel	25-09-05
SCO	H	Outdoor	Poids 5Kg	Carton-Delcourt Bruno	13m92	Forbach(F)	18-06-05
SCO	H	Outdoor	Disque 1,5Kg	Carton Delcourt Bruno	43m35	Nivelles	04-09-05
SCO	H	Outdoor	Javelot 700Gr	Carton Delcourt Bruno	54m08	Bergen	29-05-05
SCO	H	Outdoor	Marteau 5Kg	Seghers Simon	40m36	Obourg	26-04-03
SCO	H	Outdoor	Pentathlon	Carton Delcourt Bruno	2097 pts	Charleroi	21-09-02
SCO	H	Outdoor	Nonathlon	Carton Delcourt Bruno	6276 pts	Bergen	28-29/05/2005
SCO	H	Outdoor	Décathlon	Carton Delcourt Bruno	6492 pts	Forbach(F)	18-06-05
SCO	H	Outdoor	4X100m	Mazebo S/Daumerie D/Degand T/Lequeux B	44"42	Andenne	06-05-17
SCO	H	Outdoor	4X400m	Chapaux A/Lequeux M/Mazebo S/Messaoui M	3'49"28	Braine-l'Alleud	14-05-17



SCO	H	Outdoor	4X800m	Van den Bril/Th Pierot J/Decourty Th/Bastien G	8'40"57	St-Ghislain	12-10-96
SCO	H	Outdoor	Rel olympique 800-400-200-100	Ghislain A/Seghers G/Carbon-Delcourt/Boucher J	3'37"81	St-Ghislain	30-04-05
SCO	H	Outdoor	Relais suédois 400-300-200-100	Hainaut R/Schraeder K/Sales B/Vermer A	2'28"20	Schaerbeek	07-05-11
SCO	D	Indoor	60m Haies	Vandermeulen Alodie	8'90	Gand	03-03-19
SCO	D	Indoor	60m	Altimari Nicolina	8"03	Gand	15-03-09
SCO	D	Indoor	200m	Altimari Nicolina	26"08	Gand	15-03-09
SCO	D	Indoor	300m	Louvrier Florence	47"27	Gand	10-01-10
SCO	D	Indoor	400m	Altimari Nicolina	59"28	Gand	08-03-09
SCO	D	Indoor	800m	Depelchin Laura	2'23"01	Gand	17-01-04
SCO	D	Indoor	1000m	Lefèbvre Marie-Jeanne	3'11"79'	Gand	29-12-01
SCO	D	Indoor	1500m	Bossut Mathilde	4'54"13	Gand	25-01-14
SCO	D	Indoor	3000m	Lefèbvre Marie-Jeanne	11'22"00	Gand	02-03-02
SCO	D	Indoor	Hauteur	Vandermeulen Alodie	1m64	Gand	03-02-19
SCO	D	Indoor	Perche				
SCO	D	Indoor	Longueur	Vandermeulen Alodie	5m45	Gaurain	16-03-19
SCO	D	Indoor	Triple saut	Biesmans Angélique	9m81	Gaurain	16-02-02
SCO	D	Indoor	Poids 3Kg	Vandermeulen Alodie	12m88	Gand	19-01-19
SCO	D	Indoor	Poids 4Kg	Frédéric Justine	8m88	Gand	25-01-03
SCO	D	Indoor	Pentathlon	Vandermeulen Alodie	3700 pts	Gand	03-02-19
SCO	D	Outdoor	100m Haies(0,762)	Landrieu Chloé	15"49	Herve	07-05-16
SCO	D	Outdoor	300m Haies	Deglume Géraldine	48"82	St Ghislain	19-05-96
SCO	D	Outdoor	400m Haies	Altimari Nicolina	66"03	Abano Terme(ITA)	21-06-09
SCO	D	Outdoor	2000m steeple	Hainaut Ines	7'44"46	Ath	28-08-10
SCO	D	Outdoor	100m	Altimari Nicolina	12"69	Ninove	19-08-09
SCO	D	Outdoor	200m	Altimari Nicolina	25"87	Ninove	19-08-09
SCO	D	Outdoor	300m	Altimari Nicolina	41"44	Huizingen	16-08-09
SCO	D	Outdoor	400m	Altimari Nicolina	58"56	Grosseto(ITA)	04-10-09
SCO	D	Outdoor	600m	Lefebvre Marie-Jeanne	1'49"84	Liège	27-08-02
SCO	D	Outdoor	800m	Depelchin Laura	2'20"84	Nivelles	20-05-04
SCO	D	Outdoor	1000m	Depelchin Laura	3'06"48 tm	Gand	07-08-04
SCO	D	Outdoor	1500m	Bossut Mathilde	4'52"18	Braine L'alleud	24-05-14
SCO	D	Outdoor	Mile	Hainaut Ines	5'41"38	Nieuport	19-08-10
SCO	D	Outdoor	2000m	Bossut Mathilde	7'10"02	Chatelineau	13-04-13
SCO	D	Outdoor	3000m	Lefebvre Marie-Jeanne	10'54"37	Oordegem	07-09-02

SCO	D	Outdoor	Hauteur	Desablens Justine	1m49	Schaerbeek	01-05-10
SCO	D	Outdoor	Perche	Roos Virginie	1m90	Gaurain	25-04-98
SCO	D	Outdoor	Longueur	Deglume Géraldine	4m79	St Ghislain	19-05-96
SCO	D	Outdoor	Triple saut	Deglume Géraldine	10m05	Forest	01-09-96
SCO	D	Outdoor	Poids 3Kg	Cauchie Delphine	10m21	Gaurain	27-05-95
SCO	D	Outdoor	Poids 4Kg	Hageman Annabelle	9m53	Tielt	01-09-02
SCO	D	Outdoor	Disque 1Kg	Frederic Justine	36m16	Bertrix	04-05-03
SCO	D	Outdoor	Javelot 500Gr	Elias Justine	23m33	Mouscron	01-07-15
SCO	D	Outdoor	Javelot 600Gr	Lefebvre Marie-Jeanne	27m97	Mouscron	05-10-02
SCO	D	Outdoor	Marteau 3Kg				
SCO	D	Outdoor	Marteau 4Kg	Ghislain Amélie	24m00	Obourg	13-10-02
SCO	D	Outdoor	Pentathlon	Moreau Valentine	1759 pts	Charleroi	21-09-02
SCO	D	Outdoor	Heptathlon	Biesmans Angélique	3359 pts	Sint-Niklaas	25-26/08/2001
SCO	D	Outdoor	4X100m	Goedefroot L/Lys F/Desmyter S/Deglume G	53"38	Nivelles	22-09-96
SCO	D	Outdoor	4X800m				
SCO	D	Outdoor	Rel olympique 800-400-200-100	Depelchin L/Mahée C/Frédéric J/Deleuze C	4'18"51	L-L-N	02-05-05
SCO	D	Outdoor	Relais suédois 400-300-200-100	Dufour H/Delitte L/Bossut M/Carpriaux J	2'40"36	Ath	04-05-13
JUN	H	Indoor	60m Haies(0,99m)	Mazebo Simon	8"14	Dour	11-02-18
JUN	H	Indoor	60m Haies(1,067m)	Seghers Simon	8"45	Dour	05-02-05
JUN	H	Indoor	60m	Ghislain Arnaud	7"01	Dour	11-02-06
JUN	H	Indoor	200m	Ghislain Arnaud	22"15	Gand	19-03-06
JUN	H	Indoor	300m	Schoeps Mathieu	34"66	Glasgow	18-01-03
JUN	H	Indoor	400m	Ghislain Arnaud	47"89	Gand	18-02-07
JUN	H	Indoor	800m	Ghislain Arnaud	1'57"22	Gand	28-01-06
JUN	H	Indoor	1000m	D'Harveng Vincent	2'34"58	Gand	11-01-04
JUN	H	Indoor	1500m	Lejuste Tom	4'38"07	Gand	02-01-01
JUN	H	Indoor	Mile	Grell Francois	4'46"23	Gand	26-12-06
JUN	H	Indoor	3000m	Delrivière Hubert	10'04"89	Gand	12-03-06
JUN	H	Indoor	Hauteur	Schoeps Mathieu	1m85	Hoboken	02-03-02
JUN	H	Indoor	Perche	Carton Delcourt Benoit	3m13	Gand	27-03-04
JUN	H	Indoor	Longueur	Schoeps Mathieu	6m36	Gand	03-02-02
JUN	H	Indoor	Triple saut	Schoeps Mathieu	13m02	Dour	16-03-02
JUN	H	Indoor	Poids 6Kg	Ghislain Arnaud	11m30	Gand	19-03-06
JUN	H	Indoor	Hextathlon	Carton Delcourt Benoit	3446 pts	Gand	27-02-05
JUN	H	Indoor	Heptathlon	Schoeps Mathieu	4305 pts	Gand	03-02-02

JUN	H	Outdoor	110m Haies(1,0617)	Seghers Simon	15"08	La Louvière	23-05-04
JUN	H	Outdoor	110m Haies(0,99)	Mazebo Simon	14'78	Aalst	12-08-18
JUN	H	Outdoor	400m Haies(0,914m)	Mazebo Simon	53'25	Naimette	01-05-18
JUN	H	Outdoor	2000m steeple	Lejuste Tom	6'59"12	Oordegem	02-08-11
JUN	H	Outdoor	3000m steeple	Goethals Benoit	9'51"96	Nivelles	12-09-10
JUN	H	Outdoor	100m	Schoeps Matthieu	11"01	Ninove	24-06-03
JUN	H	Outdoor	200m	Schoeps Matthieu	21"64	Jambes	26-07-03
JUN	H	Outdoor	300m	Ghislain Arnaud	33"72	Vilvorde	23-06-06
JUN	H	Outdoor	400m	Ghislain Arnaud	47"27	Liège	10-09-06
JUN	H	Outdoor	800m	D'Harveng Vincent	1'52"70 tm	Oordegem	30-07-05
JUN	H	Outdoor	1000m	Louvrier Arnaud	2'39"53	Vilvorde	22-06-10
JUN	H	Outdoor	1500m	D'Harveng Vincent	4'01"38	Gaurain	06-08-05
JUN	H	Outdoor	Mile	Flameng Laurent	4'32"99	Beveren	18-07-97
JUN	H	Outdoor	2000m	D'Harveng Vincent	5'41"86	Gaurain	21-08-05
JUN	H	Outdoor	2 miles	Goethals Benoit	9'38"76	Ninove	14-07-10
JUN	H	Outdoor	3000m	Flameng Laurent	8'42"63	Oordegem	22-08-96
JUN	H	Outdoor	5000m	D'Harveng Nicolas	15'06"58	Naimette	14-09-02
JUN	H	Outdoor	10000m	Flameng Laurent	32'57"40 tm	La Louvière	27-04-96
JUN	H	Outdoor	Heure				
JUN	H	Outdoor	Hauteur	Schoeps Matthieu	1m96	Herentals	23-08-03
JUN	H	Outdoor	Perche	Schoeps Matthieu	3m60	Obourg	28-09-03
JUN	H	Outdoor	Longueur	Schoeps Matthieu	6m54	Barvaux	11-05-03
JUN	H	Outdoor	Triple saut	Boucher Jérémy	12m36	Obourg	30-04-06
JUN	H	Outdoor	Poids 6Kg	Guislain Arnaud	11m57	Obourg	29-04-06
JUN	H	Outdoor	Disque 1,750Kg	Schoeps Matthieu	33m64	Apeldoorn(Ned)	25-05-03
JUN	H	Outdoor	Disque 2Kg	Carton Delcourt Benoit	29m47	St-Niklaas	10-08-05
JUN	H	Outdoor	Javelot 800Gr	Debuy Frédéric	45m52	Ninove	02-08-97
JUN	H	Outdoor	Marteau 6Kg				
JUN	H	Outdoor	Pentathlon				
JUN	H	Outdoor	Décathlon	Schoeps Matthieu	6483 pts	Obourg	27-28/09/2003
JUN	H	Outdoor	4X100m	Quesnoit G/Roland/Widar/Schoeps	45"98	La Louvière	31-08-03
JUN	H	Outdoor	4X400m	Gutierrez D/Quesnoit G/Delrivière G/Wuidart J	4'01"01	L-L-N	16-05-99
JUN	H	Outdoor	4X800m	Morleghem/Schiettecatte/Decourty Th/Bastien G	8'40"57	St-Ghislain	12-10-96
JUN	H	Outdoor	4X1500m				

JUN	D	Indoor	60m Haies(0,838m)	Landrieu Chloé	9"85	Dour	12-02-17
JUN	D	Indoor	60m	Debisschop Pauline	8"22	Gand	27-01-18
JUN	D	Indoor	200m	Debisschop Pauline	28"00	Gand	23-02-18
JUN	D	Indoor	300m	Piroux Céline	50"89	Gand	26-12-07
JUN	D	Indoor	400m	Ghislain Amélie	63"93	Gand	24-01-04
JUN	D	Indoor	800m	Depelchin Laura	2'27"27	Gand	29-01-05
JUN	D	Indoor	1000m	Hainaut Ines	3'17"06'	Gand	15-01-11
JUN	D	Indoor	Mile	Bourgeois Virginie	6'48"44'	Gand	26-12-11
JUN	D	Indoor	1500m	Bossut Mathilde	4'50"53	Gand	07-03-15
JUN	D	Indoor	Hauteur	Roos Virginie	1m40	Gaurain	06-03-99
JUN	D	Indoor	Perche				
JUN	D	Indoor	Longueur	D'Hulster Noémie	4m71	Gand	19-01-08
JUN	D	Indoor	Triple saut	Lys Aline	9m05	Liévin	16-01-99
JUN	D	Indoor	Poids 4Kg	Deglume Géraldine	8m34	Dour	22-03-97
JUN	D	Indoor	Pentathlon				
JUN	D	Outdoor	100m Haies	Landrieu Chloé	17"11	Ninove	28-06-17
JUN	D	Outdoor	400m Haies	Ghislain Amélie	75"11	La Louvière	23-05-04
JUN	D	Outdoor	2000m steeple				
JUN	D	Outdoor	3000m steeple	Piroux Elodie	12'20"24	Ath	28-08-10
JUN	D	Outdoor	100m	Debisschop Pauline	13'42	Ninove	22-04-18
JUN	D	Outdoor	200m	Debisschop Pauline	27'86	Ninove	22-04-18
JUN	D	Outdoor	300m	Ghislain Amélie	46'67	Dilbeek	18-07-04
JUN	D	Outdoor	400m	Ghislain Amélie	65'29	Woluwé	09-05-04
JUN	D	Outdoor	800m	Bossut Mathilde	2'21"61	Oordegem	07-03-15
JUN	D	Outdoor	1000m	Piroux Elise	3'21"00	Vilvoorde	22-06-10
JUN	D	Outdoor	1500m	Bossut Mathilde	4'53"83	Bruxelles	05-07-15
JUN	D	Outdoor	Mile				
JUN	D	Outdoor	2000m	Bouanati Soukaina	7'43"83	Turnhout	17-04-11
JUN	D	Outdoor	3000m	Flameng Bernadette	11'53"30	Alost	08-08-97
JUN	D	Outdoor	5000m	Flameng Bernadette	21'57"76	Ninove	16-07-97
JUN	D	Outdoor	Hauteur	Piroux Elise	1m40	Ath	14-05-11
JUN	D	Outdoor	Hauteur	Delitte Laura	1m40	Ath	10-05-14
JUN	D	Outdoor	Perche				
JUN	D	Outdoor	Longueur	Deglume Géraldine	4m72	Gaurain	04-05-97
JUN	D	Outdoor	Triple saut	Deglume Géraldine	9m76	Ninove	12-08-97
JUN	D	Outdoor	Poids 4Kg	Wattier Mélanie	9m18	Ath	14-05-11
JUN	D	Outdoor	Disque 1Kg	Frederic Justine	28m48	Forest	08-05-05

JUN	D	Outdoor	Javelot 600Gr	Piraux Justine	23m89	Forest	10-05-08
JUN	D	Outdoor	Javelot 600Gr	Lefebvre Marie-Jeanne	27m97	Mouscron	05-10-02
JUN	D	Outdoor	Marteau 4Kg				
JUN	D	Outdoor	Pentathlon				
JUN	D	Outdoor	Heptathlon	Deglume Géraldine	2881 pts	Obourg	21-09-97
JUN	D	Outdoor	4X100m				
JUN	D	Outdoor	4X800m				
TC	H	Indoor	60m Haies(1,070m)	Schoeps Mathieu	8"19	Dour	28-11-04
TC	H	Indoor	60m	Schoeps Mathieu	6"90	Dour	05-02-05
TC	H	Indoor	200m	Schoeps Mathieu	21"43	Gand	20-02-05
TC	H	Indoor	300m	Schoeps Mathieu	34"66	Glasgow	18-01-03
TC	H	Indoor	400m	Ghislain Arnaud	47"89	Gand	18-02-07
TC	H	Indoor	800m	Dumont Jérémie	1'56"55	Gand	31-01-09
TC	H	Indoor	1000m	D'Harveng Vincent	2'34"58	Gand	11-01-04
TC	H	Indoor	1500m	Grell Francois	4'02"39	Gand	24-01-09
TC	H	Indoor	Mile	Grell Francois	4'24"97	Gand	26-12-08
TC	H	Indoor	3000m	Goethals Benoit	8'45"03	Gand	11-12-10
TC	H	Indoor	Hauteur	Carton Delcourt Bruno	1m90	Gand	26-03-05
TC	H	Indoor	Perche	Carton Delcourt Benoit	3m80	Gand	15-01-05
TC	H	Indoor	Longueur	Langhendries Christophe	6m51	Gand	17-02-96
TC	H	Indoor	Triple saut	Schoeps Mathieu	13m02	Gaurain	16-02-02
TC	H	Indoor	Poids 7,260Kg	Lefebvre Emile	10m53	Gaurain	17-01-04
TC	H	Indoor	Thriathlon	Malice Sacha	771 pts	Dour	09-03-13
TC	H	Indoor	4x200m	Ghislain A/Bougard Ch/Seghers S/Schoeps M	1'34"28	Gand	17-01-04
TC	H	Indoor	5000m marche	Biebuyck Pascal	26'12"35	Gand	28-01-06
TC	H	Outdoor	110m Haies(1,0617)	Schoeps Mathieu	14"70	Eigenbrakel	14-05-06
TC	H	Outdoor	400m Haies(0,914m)	Mazebo Simon	53'25	Naimette	01-05-18
TC	H	Outdoor	2000m steeple	Grell Francois	6'08"76	Ninove	19-08-09
TC	H	Outdoor	3000m steeple	Goethals Benoit	9'28"74	Herve	19-08-09
TC	H	Outdoor	100m	Schoeps Matthieu	10"70	Duffel	28-05-05
TC	H	Outdoor	200m	Schoeps Matthieu	21"38	Lugano(ITA)	04-06-05
TC	H	Outdoor	300m	Schoeps Mathieu	33"50	Eigenbrakel	25-09-05
TC	H	Outdoor	400m	Schoeps Mathieu	46"50	Jambes	01-07-05
TC	H	Outdoor	600m	Legrand Geoffrey	1'24"03	Naimette	02-09-03
TC	H	Outdoor	800m	D'Harveng Vincent	1'52"70 tm	Oordegem	30-07-05
TC	H	Outdoor	1000m	Grell Francois	2'29"63	Ninove	24-06-09

TC	H	Outdoor	1500m	Grell Francois	3'57"23	Ninove	08-08-09
TC	H	Outdoor	Mile	Flameng Laurent	4'32"99	Beveren	18-07-97
TC	H	Outdoor	2000m	Grell Francois	5'35"91	Audenarde	20-06-09
TC	H	Outdoor	2 miles	Goethals Benoit	9'38"76	Ninove	14-07-10
TC	H	Outdoor	3000m	Goethals Benoit	8'37"54	Huizingen	20-08-11
TC	H	Outdoor	5000m	Nerinckx Noel	14'50"39	Gand	19-07-95
TC	H	Outdoor	10000m	Huyghe Vincent	32'02"00 tm	Chatelineau	05-06-96
TC	H	Outdoor	20000m	Baert Christian	1h16'52"05	Forest	26-10-97
TC	H	Outdoor	semi-marathon	Huyghe Vincent	1h11'32"	Phalempin	18-06-00
TC	H	Outdoor	marathon	Huyghe Vincent	2h25'57"	Echternach	24-10-96
TC	H	Outdoor	Heure	Huyghe Vincent	17 km 465	La Louvière	24-09-99
TC	H	Outdoor	Hauteur	Schoeps Matthieu	2m00	Brasschaat	19-06-04
TC	H	Outdoor	Perche	Carton Delcourt Bruno	3m77	Ninove	24-09-05
TC	H	Outdoor	Longueur	Schoeps Matthieu	6m86	Gaurain	08-10-05
TC	H	Outdoor	Triple saut	Boucher Jérémy	12m79	Eigenbrakel	25-09-05
TC	H	Outdoor	Poids 7Kg	Bourlet Didier	12m77	Gaurain	18-10-03
TC	H	Outdoor	Disque 2Kg	Bourlet Didier	32m44	Obourg	12-05-02
TC	H	Outdoor	Javelot 800Gr	Debuy Frédéric	46m84	L-L-N	16-05-99
TC	H	Outdoor	Marteau 7,260Kg	Lefebvre Emile	20m61	Obourg	13-10-02
TC	H	Outdoor	5000m marche	Lefebvre Emile	34'06"80	Gaurain	08-04-00
TC	H	Outdoor	10 km marche	Biebuyck Pascal	51'40"10	Charleroi	12-04-03
TC	H	Outdoor	20 km marche	Biebuyck Pascal	1h46'19"	Sirault	06-07-03
TC	H	Outdoor	30 km marche	Biebuyck Pascal	2h52'40"	St Oedenrode	09-03-03
TC	H	Outdoor	50 km marche	Biebuyck Pascal	5h02'12"	St Oedenrode	09-03-03
TC	H	Outdoor	Pentathlon	Declercq Philippe	1994 pts	Obourg	29-05-05
TC	H	Outdoor	Décathlon	Schoeps Matthieu	6405 pts	Verviers	21-22/08/2004
TC	H	Outdoor	4X100m	Quesnoit J/Schoeps M/Seghers S/Roland M	43"76	Oordegem	20-09-03
TC	H	Outdoor	4X200m	De Jaegher D/Dumont J/Dumont R/Grell F	1'37"34	Eigenbrakel	05-07-09
TC	H	Outdoor	4X400m	D'Harveng V/Seghers S/Ghislain A/Schoeps M	3'16"90	Oordegem	18-09-05
TC	H	Outdoor	4X800m	Decourty Th/Bastien G/Van Den Bril Th/Pierot J	8'40"57	St-Ghislain	12-10-96
TC	H	Outdoor	4X1500m	Chanoine P/Depelchin P/Deschaepmees/Goffinet B	19'18"09	La Louvière	27-05-05
TC	H	Outdoor	Relais olympique 800-400-200-100	D'Harveng V/Quesnoit J/Roland M Seghers S	3'41"88	Obourg	01-05-02

TC	H	Outdoor	Relais suédois 400-300-200-100	Schoeps M/Ghislain A/Saint A/Roland M	2'00"06	Braine	24-09-06
TC	D	Indoor	60m Haies(0,838m)	Landrieu Chloé	9"85	Dour	12-02-17
TC	D	Indoor	60m	Altimari Nicolina	8"03	Gand	15-03-09
TC	D	Indoor	200m	Altimari Nicolina	26"08	Gand	15-03-09
TC	D	Indoor	300m	Vandermeulen Alodie	43"69	Gand	26-12-07
TC	D	Indoor	400m	Leseultre Charlotte	58"01	Gand	30-12-17
TC	D	Indoor	800m	Depelchin Laura	2'22"27	Gand	19-01-05
TC	D	Indoor	1000m	Lefebvre Marie-Jeanne	3'11"79	Gand	29-12-01
TC	D	Indoor	1500m	Bossut Mathilde	4'50"53	Gand	07-03-14
TC	D	Indoor	Mile	Depelchin Laura	5'59"30	Gand	27-12-10
TC	D	Indoor	3000m	Lefebvre Marie-Jeanne	11'20"00	Gand	02-03-02
TC	D	Indoor	Hauteur	Vandermeulen Alodie	1m67	Dour	13-01-18
TC	D	Indoor	Perche	Carton Delcourt Julie	2m11	Gaurain	19-03-05
TC	D	Indoor	Longueur	Vandermeulen Alodie	5m45	Gaurain	16-03-19
TC	D	Indoor	Triple saut	Biesmans Angélique	9m81	Gaurain	16-02-02
TC	D	Indoor	Poids 4kg	Frédéric Justine	8m88	Gand	25-01-03
TC	D	Indoor	Thriathlon	Landrieu Chloé	1465 pts	Dour	09-03-13
TC	D	Indoor	Pentathlon	Vandermeulen Alodie	3697 pts	Gand	30/02/2018
TC	D	Outdoor	100m Haies(0,840m)	Landrieu Chloé	17"11	Ninove	28/06/017
TC	D	Outdoor	400m Haies(0,762m)	Altimari Nicolina	66"03	Albano Terme	21-06-09
TC	D	Outdoor	2000m steeple(0,762m)	Hainaut Ines	7'44"46	Ath	28-08-10
TC	D	Outdoor	3000m steeple(0,762m)	Piroux Elise	12'20"24	Ath	28-08-10
TC	D	Outdoor	100m	Altimari Nicolina	12"69	Ninove	19-08-09
TC	D	Outdoor	200m	Altimari Nicolina	25"87	Ninove	19-08-09
TC	D	Outdoor	300m	Altimari Nicolina	41"44	Huizingen	16-08-09
TC	D	Outdoor	400m	Leseultre Charlotte	57"50	Naimette	01-06-08
TC	D	Outdoor	600m	Lefebvre Marie-Jeanne	1'49"84	Naimette	27-08-02
TC	D	Outdoor	800m	Depelchin Laura	2'20"84 tm	Nivelles	20-05-04
TC	D	Outdoor	1000m	Lefebvre Marie-Jeanne	3'06"29	Beveren	26-07-00
TC	D	Outdoor	1500m	Claisse Emma	4'48"33	Charleroi	12-05-18
TC	D	Outdoor	Mile	Bossut Mathilde	5'41"04	Oudenaarde	31-07-11
TC	D	Outdoor	2000m	Bossut Mathilde	7'10"02	Chatelineau	13-04-13
TC	D	Outdoor	3000m	Lefebvre Marie-Jeanne	10'54"37	Oordegem	07-09-02
TC	D	Outdoor	5000m	Flameng Bernadette	21'57"76	Ninove	16-07-97
TC	D	Outdoor	10000m	Dehon Martine	1h04'52"25	La Louvière	15-09-00

TC	D	Outdoor	Hauteur	Vandermeulen Alodie	1m62	Naimette	30-04-17
TC	D	Outdoor	Perche	Carton Delcourt Julie	2m06	Oordegem	03-06-05
TC	D	Outdoor	Longueur	Vandermeulen Alodie	5m30	Ypres	07-07-17
TC	D	Outdoor	Triple saut	Devenijn Laurence	10m57	Woluwé	24-06-95
TC	D	Outdoor	Poids 4Kg	Hageman Annabelle	9m53	Tielt	01-09-02
TC	D	Outdoor	Disque 1Kg	Frédéric Justine	36m16	Bertrix	04-05-03
TC	D	Outdoor	Javelot 600Gr	Lefebvre Marie-Jeanne	27m97	Mouscron	05-10-02
TC	D	Outdoor	Marteau 4Kg	Ghislain Amélie	24m00	Obourg	13-10-02
TC	D	Outdoor	3000m marche	Lefebvre Marie-Jeanne	20'27"12tm	Gaurain	08-04-00
TC	D	Outdoor	5000m marche	Roos Virginie	35'38"40tm	Charleroi	10-04-04
TC	D	Outdoor	Heptathlon	Deglume Géraldine	2881 pts	Obourg	21-09-97
TC	D	Outdoor	Pentathlon lancers	Cambier Brigitte	1517pts	Sint-Niklaas	30-06-18
TC	D	Outdoor	4X100m	Debisschop M/ Debisschop P/Elias J/ Landrieu C	52"36	Liège	07-09-14
TC	D	Outdoor	4X200m	Debisschop M/ Debisschop P/Elias J/ Landrieu C	1'53"01	Liège	07-09-14
TC	D	Outdoor	4X400m	Bouanati S/Lombe S/Piroux E/Altimari N	4'15"92	Bertrix	16-05-09
TC	D	Outdoor	4X800m	Bossut M/Fasciaux L/Fasciaux A/ Deleersnyder A	9'52"37	Liège	07-09-14
TC	D	Outdoor	Relais olympique 800- 400-200-100	Depelchin L/ Mahée C/Deleuze C/ Frédéric J	4'18"51	L-L-N	02/05/????
TC	D	Outdoor	Relais suédois 400-300- 200-100	De Bled K/Deleersnyder A/Debisschop P/Landrieu C	2'34"68	Saint-Ghislain	03-05-14
M35	H	Indoor	60m	Van Damme Eric	08"16	Dour	02-02-08
M35	H	Indoor	200m	Van Damme Eric	27"64	Gand	13-03-10
M35	H	Indoor	300m	Van Damme Eric	45"14	Gand	26-12-07
M35	H	Indoor	5000m	Biebuyck Pascal	26'12"35	Gand	28-01-06
M40	H	Indoor	60m Haies	D'Hulster Jean-Pierre	16"52	Gand	31-03-01
M40	H	Indoor	60m	D'Haeyer Joël	8"49	Dour	08-02-15
M40	H	Indoor	200m	Declercq Philippe	27"05	Gand	05-03-05
M40	H	Indoor	400m	Declercq Philippe	61"16	Gand	05-03-05
M40	H	Indoor	800m	Labeau Stéphane	2'14"60	Gand	08-03-14
M40	H	Indoor	1000m	Chanoine Pascal	3'01"88	Gand	18-03-07
M40	H	Indoor	1500m	Willocq Jean-Luc	4'50"25	Gand	05-03-05
M40	H	Indoor	3000m	D'Hulster Jean-Pierre	12'09"57	Gand	26-12-02
M40	H	Indoor	Longueur	Declercq Philippe	4m83	Gand	27-03-05
M40	H	Indoor	Triple saut	D'Hulster Jean-Pierre	7m84	Dour	27-11-04
M40	H	Indoor	Poids 7Kg260	Lefebvre Emile	10m44	Gand	27-01-01



M45	H	Indoor	60m	Van Nieuwenhove Alain	08"22	Gand	05-03-05
M45	H	Indoor	200m	D'Hulster Jean-Pierre	33"63	Gand	27-12-08
M45	H	Indoor	1000m	Depelchin Patrick	2'58"40	Gand	15-12-07
M45	H	Indoor	Mile	Depelchin Patrick	5'04"51	Gand	26-12-07
M45	H	Indoor	Longueur	D'Hulster Jean-Pierre	3m74	Gand	19-12-09
M45	H	Indoor	3000m	Depelchin Patrick	10'39"46	Gand	12-03-06
M45	H	Indoor	Poids	D'Hulster Jean-Pierre	7m04	Gand	19-12-09
M55	H	Indoor	60m	Deglume Daniel	08"81	Dour	29-11-03
M55	H	Indoor	Triple saut	Deglume Daniel	8m92	Dour	29-11-03
M35	H	Outdoor	100m	Van Damme Eric	10"13	Bruxelles	06-10-07
M35	H	Outdoor	200m	Van Damme Eric	26"77	Verviers	06-06-10
M35	H	Outdoor	300m	D'Haeyer Joël	44"34	Gaurain	28-09-14
M35	H	Outdoor	400m	Malice David	63"40	Forest	05-06-11
M35	H	Outdoor	800m	Malice David	2'29"64	Forest	05-06-11
M35	H	Outdoor	1500m	Demets Bernard	5'04"66	Forest	08-06-14
M35	H	Outdoor	3000m	Colmant Michel	9'53"94	Chatelineau	14-04-12
M35	H	Outdoor	5000m	Moutaouakkil Mohamed	17'27"30	Liège	10-06-06
M35	H	Outdoor	10000m piste	Biebuyck Pascal	53'09"09	Charleroi	28-06-06
M35	H	Outdoor	10000m route	Biebuyck Pascal	54'47"09	Charleroi	08-04-06
M35	H	Outdoor	20km route	Biebuyck Pascal	1h58'45"	Sirault	02-07-06
M35	H	Outdoor	50km route	Biebuyck Pascal	5h24'00"	Ch-s-Marne	19-02-06
M35	H	Outdoor	100km route	Biebuyck Pascal	11h29'49"	Bar le Duc	29-04-06
M35	H	Outdoor	Longueur	D'Haeyer Joel	4m69	Verviers	09-06-13
M35	H	Outdoor	Poids 7,260kg	Rihoux Bruno	10m14	Forest	05-06-11
M35	H	Outdoor	Disque 2kg	Van Damme Eric	14m27	Obourg	01-07-07
M35	H	Outdoor	Pentathlon	Van Damme Eric	1684 pts	Obourg	21-06-08
M40	H	Outdoor	110m H	Declercq Philippe	22"69	Gaurain	26-06-05
M40	H	Outdoor	400m H	D'Hulster Jean-Pierre	1'23"38	Obourg	23-04-05
M40	H	Outdoor	3000m Steeple	Depelchin Patrick	11'48"84	St-Ghislain	26-05-02
M40	H	Outdoor	100m	Declercq Philippe	13"09	Obourg	23-04-05
M40	H	Outdoor	200m	Declercq Philippe	26"71	Obourg	23-04-05
M40	H	Outdoor	300m	Grell Georges	44"16	Dilbeek	21-07-03
M40	H	Outdoor	400m	Claisse Joel	56"65	Verviers	09-06-07
M40	H	Outdoor	800m	Labeau Stéphane	2'14"65	Mouscron	23-08-13
M40	H	Outdoor	1000m	Labeau Stéphane	2'53"78	Audenaarde	23-07-13
M40	H	Outdoor	1500m	Labeau Stéphane	4'35"31	Forest	21-04-14
M40	H	Outdoor	Mile	Labeau Stéphane	5'02"19	Ath	01-09-12

M40	H	Outdoor	2 Miles	D'Hulster Jean-Pierre	14'31"98	Vilvorde	31-07-04
M40	H	Outdoor	2000m	Chanoine Pascal	6'37"55	Nivelles	03-04-09
M40	H	Outdoor	3000m	Labeau Stéphane	9'46"10	Gaurain	28-04-12
M40	H	Outdoor	5000m	Labeau Stéphane	16'44"10	Ath	31-08-13
M40	H	Outdoor	10000m	Rapaille Christian	40'33"71	Obourg	01-05-99
M40	H	Outdoor	10km marche	Lefebvre Emile	1h13'08	Gaurain	07-07-01
M40	H	Outdoor	Heure	Rapaille Christian	14.382m	Gaurain	03-08-01
M40	H	Outdoor	Semi-marathon	Willocq Jean-Luc	1h22'00"	Beloeil	14-10-06
M40	H	Outdoor	Marathon	Rapaille Christian	3h08'39"	Beloeil	16-10-99
M40	H	Outdoor	Hauteur	Grell Georg	1m48	Verviers	06-06-04
M40	H	Outdoor	Longueur	Declercq Philippe	4m99	Obourg	29-05-05
M40	H	Outdoor	Poids 7,260kg	Lefebvre Emile	10m81	Obourg	12-05-02
M40	H	Outdoor	Disque 2kg	Lefebvre Emile	28m09	Gaurain	24-08-02
M40	H	Outdoor	Javelot 800gr	Lefebvre Emile	38m21	Obourg	12-05-02
M40	H	Outdoor	Marteau 7,260kg	Lefebvre Emile	20m61	Obourg	13-10-02
M40	H	Outdoor	Pentathlon	Declercq Philippe	1994pts	Obourg	29-05-05
M45	H	Outdoor	100m	Van Nieuwenhove Alain	13"08	Obourg	28-04-07
M45	H	Outdoor	200m	Van Nieuwenhove Alain	26"94	Obourg	29-04-07
M45	H	Outdoor	300m	Van Nieuwenhove Alain	43"09	Oordegem	14-04-07
M45	H	Outdoor	400m	Wuidar Henri	56"11	Ninove	22-06-99
M45	H	Outdoor	800m	Depelchin Patrick	2'16"50	Nivelles	29-08-07
M45	H	Outdoor	1000m	Depelchin Patrick	2'55"39	La Louvière	23-04-06
M45	H	Outdoor	1500m	Depelchin Patrick	4'38"50	Forest	08-06-08
M45	H	Outdoor	3000m	Hainaut Bruno	10'44"78	L-L-N	27-06-12
M45	H	Outdoor	Mile	Depelchin Patrick	5'07"90	Nivelles	28-09-07
M45	H	Outdoor	2 Miles	Depelchin Patrick	11'31"56	Zelee	18-08-07
M45	H	Outdoor	3000m Steeple	Ericx Eddy	12'35"84	Ath	28-08-16
M45	H	Outdoor	5000m	Labeau Stéphane	18'53"49	Forest	10-05-15
M45	H	Outdoor	10000m	Depelchin Patrick	38'19"53	St-Ghislain	25-08-07
M45	H	Outdoor	Semi-marathon	Adant Marc	1h46'09"	Beloeil	14-10-06
M45	H	Outdoor	Marathon	Hutereau Charles	3h53'03"	Dublin	28-10-06
M45	H	Outdoor	Hauteur	Declercq Philippe	1m40	St-Ghislain	30-04-11
M45	H	Outdoor	Hauteur	Elias Laurent	1m40	Forest	08-06-14
M45	H	Outdoor	Hauteur	Elias Laurent	1m40	Schaerbeek	07-06-15
M45	H	Outdoor	Hauteur	Ericx Eddy	1m40	Ath	20-08-16
M45	H	Outdoor	Longueur	Hainaut Bruno	4m17	Verviers	03-06-12
M45	H	Outdoor	Poids 7,260kg	Wyns Jean-Luc	9m62	Ath	01-09-12

M45	H	Outdoor	Disque 2k+B613g	Wyns Jean-Luc	25m84	St-Ghislain	30-04-11
M45	H	Outdoor	Javelot 800gr	D'Hulster Jean-Pierre	32m69	Ninove	23-04-06
M50	H	Outdoor	100m	Deglume Daniel	13"85	Ninove	07-07-99
M50	H	Outdoor	200m	Deglume Daniel	28"22	Ninove	07-07-99
M50	H	Outdoor	400m	Widar Henri	57"68	La Louvière	08-06-03
M50	H	Outdoor	3000m	Depelchin Patrick	11'25"37	Forest	05-06-11
M50	H	Outdoor	5000m	Hainaut Bruno	19'30"93	Braine L'alleud	14-05-17
M50	H	Outdoor	Hauteur	Deglume Daniel	1m40	Forest	12-06-99
M50	H	Outdoor	Triple saut	Deglume Daniel	9m74	Charleroi	26-06-99
M50	H	Outdoor	Poids 6kg	Wyns Jean-Luc	10m70	Forest	27-10-12
M50	H	Outdoor	Poids 7kg260	D'Hulster Jean-Pierre	6m91	Hannut	15-05-11
M50	H	Outdoor	Disque 1kg500	Wyns Jean-Luc	31m01	Schaerbeek	21-10-12
M50	H	Outdoor	Disque 2kg	Deglume Daniel	25m85	Audenarde	28-08-99
M50	H	Outdoor	Javelot 700gr	Wyns Jean-Luc	32m47	Schaerbeek	21-10-12
M50	H	Outdoor	Javelot 800gr	D'Hulster Jean-Pierre	29m70	Hannut	15-05-11
M50	H	Outdoor	Marteau 6kg	Wyns Jean-Luc	25m15	Tienen	06-10-12
M50	H	Outdoor	Marteau 11kg340	Wyns Jean-Luc	10m11	Tienen	06-10-12
M50	H	Outdoor	Pentathlon lancers	Wyns Jean-Luc	2254pts	Tienen	06-10-12
M55	H	Outdoor	100m	Deglume Daniel	14"13	Ninove	20-08-03
M55	H	Outdoor	300m	Deglume Daniel	46"18	Audenarde	05-08-03
M55	H	Outdoor	800m	Deglume Daniel	2'40"22	Obourg	20-05-11
M55	H	Outdoor	Hauteur	Deglume Daniel	1m30	Eigenbrakel	05-06-05
M55	H	Outdoor	Longueur	Deglume Daniel	4m38	Verviers	06-06-04
M55	H	Outdoor	Triple saut	Deglume Daniel	8m84	Zwevegem	12-09-04
M55	H	Outdoor	Poids 7kg260	Deglume Daniel	7m65	Ninove	20-08-03
M55	H	Outdoor	Disque 2kg	Deglume Daniel	23m91	Vilvorde	31-07-04
M55	H	Outdoor	Javelot 800gr	Deglume Daniel	26m26	Obourg	12-05-02
M60	H	Outdoor	Hauteur	Deglume Daniel	1m30	Naimette	10-06-06
M60	H	Outdoor	Poids 7kg260	Deglume Daniel	7m49	Eigenbrakel	14-05-06
M60	H	Outdoor	Disque 2kg	Deglume Daniel	22m29	Eigenbrakel	14-05-06
M60	H	Outdoor	Disque 1kg	Lombart Christian	25m43	Oudenaarde	02-08-09
M60	H	Outdoor	Javelot 600gr	Lombart Christian	27m11	Obourg	03-10-10
M60	H	Outdoor	Javelot 800gr	Lombart Christian	25m90	St-Ghislain	30-04-11
M60	H	Outdoor	Marteau 5kg	Lombart Christian	26m04	Obourg	03-10-10
M65	H	Outdoor	Disque 2kg	Lombart Christian	17m83	Verviers	09-06-13
W35	D	Indoor	1500m	Daumerie Laurence	6'08"21	Gand	12-03-06

W40	D	Indoor	800m	Algoed Fabienne	3'27"14	Gand	27-03-04
W45	D	Indoor	60m Haies	Monnier Christine	13"16	Dour	07-02-04
W45	D	Indoor	60m	Capel Sylvie	9"99	Dour	14-02-16
W45	D	Indoor	Poids 4Kg	Monnier Christine	6m29	Gaurain	13-11-04
W50	D	Indoor	60m	Capel Sylvie	10"07	Dour	12-01-19
W50	D	Indoor	200m	Capel Sylvie	37'35	Gand	22-12-18
W50	D	Indoor	Longueur	Capel Sylvie	3m39	Dour	18-03-17
W50	D	Indoor	Poids 3Kg	Capel Sylvie	5m61	Dour	18-03-17
W50	D	Indoor	Triathlon	Capel Sylvie	665 Pts	Dour	18-03-17
W35	D	Outdoor	400m	Dereppe Magali	1'10"13	Forest	08-06-14
W35	D	Outdoor	800m	Dereppe Magali	3'08"39	Schaerbeek	07-06-15
W35	D	Outdoor	1500m	Mauroy Anne	5'35"09	Forest	08-05-05
W35	D	Outdoor	3000m	Verhaege Virginie	14'20"78	Gaurain	25-04-15
W35	D	Outdoor	Hauteur	Verhaege Virginie	1m00	Schaerbeek	07-06-15
W35	D	Outdoor	Poids 4Kg	Verhaege Virginie	6m04	Gaurain	25-04-15
W35	D	Outdoor	Disque (1Kg)	Hancysse Chrystel	16m45	Forest	08-06-14
W40	D	Outdoor	300m	Aelgoet Fabienne	65"52	Audenaerde	05-08-03
W40	D	Outdoor	400m	Dereppe Magali	1'09"90	Verviers	10-06-18
W40	D	Outdoor	800m	Al Saadi Yasmina	3'09"69	Gaurain	26-06-05
W40	D	Outdoor	1000m	Aelgoet Fabienne	4'45"05	Nivelles	21-06-03
W40	D	Outdoor	1500m	Moulin Carole	6'18"54	La Louvière	22-04-17
W40	D	Outdoor	Mile	Al Saadi Yasmina	7'06"74	Gaurain	08-10-05
W40	D	Outdoor	2000m	Al Saadi Yasmina	8'45"02	Schaerbeek	05-05-05
W40	D	Outdoor	3000m	Al Saadi Yasmina	13'30"85	Gaurain	21-05-05
W40	D	Outdoor	5000m	Al Saadi Yasmina	22'51"19	Gaurain	26-06-05
W40	D	Outdoor	Hauteur	Coupez Marjorie	1m20	Verviers	10-06-18
W40	D	Outdoor	Poids 4Kg	Verhaege Virginie	5m88	Verviers	10-06-18
W40	D	Outdoor	Disque 1kg	Coupez Marjorie	17m48	Obourg	05-08-18
W40	D	Outdoor	Javelot	Hancysse Chrystel	9m32	Verviers	10-06-18
W45	D	Outdoor	100m	Capel Sylvie	16"66	Gaurain	25-04-15
W45	D	Outdoor	800m	Moulin Carole	3'05"09	Verviers	10-06-18
W45	D	Outdoor	1000m	Dehon Martine	5'08"05	Gaurain	24-07-99
W45	D	Outdoor	1500m	Dehon Martine	8'05"88	Gaurain	23-07-00
W45	D	Outdoor	Mile	Dehon Martine	8'53"28	Audenaerde	01-08-00
W45	D	Outdoor	2000m	Dehon Martine	11'15"15	Beveren	26-07-00
W45	D	Outdoor	3000m	Depelchin Martine	13'53"34	Forest	08-06-14
W45	D	Outdoor	5000m	Dehon Martine	30'26"18	Obourg	20-05-01

W45	D	Outdoor	10000m	Dehon Martine	1h04'52"25	La Louvière	15-09-00
W45	D	Outdoor	Hauteur	Martens Sophie	1m10	Forest	08-06-14
W45	D	Outdoor	Longueur	Capel Sylvie	3m42	Schaerbeek	07-06-15
W45	D	Outdoor	Poids 4Kg	Monnier Christine	6m14	Obourg	24-04-04
W45	D	Outdoor	Disque 1Kg	Capel Sylvie	11m15	Rixensart	14-05-16
W45	D	Outdoor	Javelot 600gr	Depelchin Martine	15m87	Schaerbeek	07-06-15
W50	D	Outdoor	100m	Capel Sylvie	16"24	Ninove	18-06-17
W50	D	Outdoor	800m	Al Saadi Yasmina	3'16"39	Gaurain	28-04-12
W50	D	Outdoor	3000m	Al Saadi Yasmina	13'54"01	Gaurain	28-04-12
W50	D	Outdoor	Longueur	Capel Sylvie	3m49	Verviers	10-06-18
W50	D	Outdoor	Poids 4Kg	Al Saadi Yasmina	3m87	Schaerbeek	12-05-12
W50	D	Outdoor	Javelot 600Gr	Al Saadi Yasmina	7m46	Schaerbeek	12-05-12
W50	D	Outdoor	4x100m	Verhaeghe V/Depelchin M/Dereppe M/Capel S	1'05"60	Forest	08-06-14